

Springfield Clinic
Cardiology

Pacemaker, Defibrillator Placement, Battery Change or Upgrade of Existing Pacemaker Pre Instructions

Your pacemaker/defibrillator placement has been scheduled at **St. John's Hospital** on _____ at _____ am/ pm.

You will need to be at the **5th floor of the Prairie Heart Institute** by _____ am / pm.

INSTRUCTIONS:

1. Have **NOTHING** to eat or drink after midnight the night prior to the procedure unless otherwise instructed by your doctor or nurse.
2. Please **STOP COUMADIN** (GENERIC NAME IS WARFARIN) 3 DAYS PRIOR TO PROCEDURE. *****STOP TAKING ON** _____.
3. If you are a Diabetic, take **HALF** of the normal **INSULIN** the morning of the procedure.
4. You may take all other medications that are not required to be taken with food; with small sips of water (if you take diuretics also known as “water pills” you may want to delay taking them until later in the evening for your comfort).
5. Bring an overnight bag, and plan for a ride home the following day.
6. If you are scheduled for a battery change on an existing device, you will most likely be able to go home that same day.