

Springfield Clinic
Cardiology

Pre Cardiac Catheterization Instructions

Your cardiac catheterization has been scheduled at **St. John's Hospital** on _____ at _____ am / pm.

You will need to be at the 5th floor of the Praire Heart Institue by _____ am / pm.

INSTRUCTIONS:

1. NOTHING to eat or drink after midnight the night prior to the procedure unless otherwise instructed by your doctor or nurse.
2. STOP COUMADIN (GENERIC NAME IS WARFARIN) 3 DAYS PRIOR TO PROCEDURE. *** STOP TAKING ON _____
3. PLEASE ADVISE YOUR DOCTOR OR NURSE, IF YOU ARE ALLERGIC TO IODINE OR HAVE HAD AN ALLERGIC REACTION TO X-RAY DYE.
4. If you are Diabetic take HALF of the normal INSULIN the morning of the procedure.
5. GLUCOPHAGE OR GLUCOVANCE (which contains glucophage) must be stopped the morning of the procedure and for 1 day after. The generic form of glucophage is METFORMIN.
6. You may take all other medications that are not required to be taken with food, with small sips of water (if you take diuretics also known as “water pills” you may want to delay taking them until later in the evening for your comfort as you will be on bed rest).
7. Bring an overnight bag and plan for a ride home.