

Springfield Clinic  
Cardiology

## Dobutamine Stress Echocardiogram

Your doctor has scheduled you for a Dobutamine Stress Echocardiogram  
on \_\_\_\_\_ at \_\_\_\_\_ am / pm.

### ***DURING THE TEST:***

- You will have an IV started that will remain in place until the test is complete
- An echocardiogram will be done of your heart.
- The technician will place gel on your chest and then use ultrasonography to take pictures of your heart.
- You will be given an infusion of Dobutamine.
- The technician will record your heart movement with ultrasonography. The entire test will take about 1 - 2 hours to complete.

### ***YOU MUST:***

- Wear comfortable clothes and shoes good for exercising. .
- Nothing to eat 6 hours prior to the test.
- If you use inhalers for asthma or lung disease please bring them with you to the test.
- **TAKE ALL MORNING MEDICATIONS**, but do **not** take any beta blockers (includes Ziac, Bisoprolol, Toprol, Atenolol, Bropanolol, Carvedilol, Coreg, Lopressor, Metoprolol, Tenormin) for 24 hours prior to the test.
- **DO NOT HAVE CAFFEINE FOR 24 HOURS PRIOR TO THE TEST**
  - **THIS INCLUDED COFFEE, DECAF, TEA, SODA AND CHOCOLATE**