

Springfield Clinic
Cardiology

Cardiac Catheterization / PTCA / STENT Post Instructions

Activity

No heavy lifting (above 10 pounds) for 1 week.
No driving for 3 days.
No exercise or vigorous / strenuous activity for 1 week.

Puncture Site

Remove dressing and leave open to air the day after procedure.
Wash site with soap and water daily.
Shower preferred (instead of tub bath to prevent infection for 1 week).
Small lump under the skin at puncture site is normal for a couple weeks.

Signs to Watch / Call Doctor's Office About

Increased bruising.
Swelling at site of puncture.
Redness or drainage from puncture site.
Pain at site or extremity not relieved by analgesics.

For questions please call the office at 217-528-7541