

Springfield Clinic
Cardiology

Adenosine Cardiolite Stress Test

Your doctor has scheduled you for an **Adenosine Cardiolite Stress Test** at our location on

_____ at _____ am / pm.

DURING THE TEST YOU WILL:

- Have an IV started that will remain in place until the test is complete.
- Be given 2 injections of a radiopharmaceutical through the IV.
- Lay on a table 2 separate times while a camera takes pictures of your heart.
- Be given a medicine called Adenosine that acts like exercise to your heart for the stress portion of your test.
- The entire test will take at least 2-3 hours to complete.

YOU MUST:

- Wear comfortable clothes and shoes.
- Do not eat anything 6 hours prior to your test.
- If you use inhalers for asthma or lung disease please bring them with you to the test.
- **TAKE ALL MORNING MEDICATIONS**, except do not take **Aminophylline** or **Theophylline** for 24 hours prior to the test.
- **DO NOT HAVE CAFFEINE FOR 24 HOURS PRIOR TO THE TEST**
 - **THIS INCLUDES COFFEE, TEA, DECAF, SODA AND CHOCOLATE.**